

5 Daily Habits that Build Mutual Respect

HABIT #1

DEFINE YOUR PERSONAL SPACE

- Stroke body with stick for trust
- Stand back at stick length
- Use a FAN motion
- Start small and slow
- Maintain motion even if it touches the horse
- Increase energy until effective
- Persist until one hoof moves
- Stop & return stick to ground
- Watch for relaxation indicators
Lowered Head, Licking Lips, Soft Eyes/Ears and Breathing

HABIT #2

HALTERING

- Take position beside the neck
- Pass knotted crown under the neck
- Reach right hand over the neck and release the knot - crown is in position
- Present the nose opening
- Lift the halter into position
- Lift under halter behind jaw
- Tie the Knot
- Wait for relaxation indicators

HABIT #3 LOWER HEAD

- Approach neck from the side
- Apply pressure in increments
- Start with the lightest pressure
- Hold pressure consistently
- Persist for a downward response
- Retreat hand to starting point
- Repeat for lighter response

HABIT #4

BACK UP & YIELD

- Decide what FEET should move
- Look intently at body part - hip, shoulder or chest
- Fan motion or pressure toward body part
- Manage rope when pushing the hind quarters
- Try for one step at a time
- Evading the stick is too many steps

HABIT #5 PARK

EVERYWHERE

- Apply the Yields to move the feet
- One step at a time
- Be clear which foot should move
- Stop every time then repeat
- Break the move into small steps
- Watch for relaxation indicators